

# Living in Light of Death

## An Interfaith Exploration & Conversation

**7:00 – 8:30 pm on Tuesdays, October 23 & 30, 2018**

**Wesley Community Center at the University of Oregon (2520 Harris Street, Eugene)**

**Free! Contributions to the Wesley Community Center are gratefully received**

**October 23:** *Talking with Loved Ones – Young & Old – about Death & Dying*

**October 30:** *Exploring Views of the Afterlife & Transforming Our Fear of Death*

- The evenings will consist of discussion, brief meditations, exercises, and sharing.
- Participants of any or no faith are welcome.
- Come join us for a cup of tea and some soul-searching conversation!

### **Facilitators:**

Isa Jennings, Rev. MS worked with grieving children and their families for over 20 years. She retired last year from her position as the program manager for *Courageous Kids*, a grief support program for children. Isa finds that to this day, grief in our culture is largely a lonely experience – for adults and for the children. She will share some insights and experiences from her work with kids of all ages and invite sharing from the group: "so we can all learn from each other." Isa is also a volunteer for *No One Dies Alone* (NODA) and offers spiritual healing retreats. Her spiritual background is Native American and Universal Sufism with a concentration on healing.

Barry Nobel, JD, PhD has taught courses on Death & Dying and Health Care Ethics at Lane Community College, Linfield College, the University of California, Santa Barbara, and Santa Barbara College of Law. He has led workshops locally on *The World Beyond*, *Mortality Matters*, and *Mindfulness-based Conflict Engagement*. Barry currently teaches *Mediation* at the University of Oregon. In the past, he worked as a mediator and as an attorney. Barry's spiritual practice focuses on mindfulness from Buddhist and Jewish perspectives. He is the author of *Mindfulness in Judaism; Pursuing Peace: Hillel & Mindfulness-based Conflict Engagement*; and *Religious Healing in the Courts*.

*This series is sponsored by the Wesley Community Center at the University of Oregon and the Lane Institute of Faith & Education (LIFE). LIFE is a program of the Lane Interfaith Alliance. Since 2000, LIFE has offered interfaith opportunities to explore issues of faith, ethics, and justice in our community and our world and to promote community dialogue and cooperation among those of differing spiritual and religious paths.*